

# What's Cooking?

September 2025

Lunch

## MONDAY

1



School

No

## TUESDAY

2

- Italian Meatball Sub
- Garlic Herb Flatbread
- Italian Vegetables
- Fajita Marinated Chicken
- Beef Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Chicken Sandwich
- Spicy Chicken Sandwich
- French Fries
- Turkey Ham & Cheese Wrap
- Chilled Peaches
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

## WEDNESDAY

3

- BBQ Beef Sandwich
- Baked Beans
- Classic Cheese Pizza
- Hamburger Pizza
- Fresh Caesar Salad
- Strawberry Smoothie
- Cinnamon Granola
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baharat Spiced Chickpeas
- Fresh Cherry Tomatoes
- Chocolate Low Fat Milk
- 1% Low-fat Milk

## THURSDAY

4

- Sweet & Sour Chicken
- Vegetable Fried Brown Rice
- Peas and Carrots
- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Spicy Chicken Sandwich
- French Fries
- Turkey, Cheese, Flatbread & Cucumber Bento Box
- Fresh Granny Smith Apple
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

## FRIDAY

5

- BBQ Chicken
- Hawaiian Roll
- Macaroni and Cheese
- Seasoned Corn
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Monterey Chicken Salad
- Croutons
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Cherry Tomatoes
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

8

- Boneless Chicken Wings
- Boneless Chicken Wings with Buffalo Ranch Sauce
- Boneless Chicken Wings with Honey BBQ Sauce
- Hawaiian Roll
- French Fries
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Hummus & Veggie Bento Box
- Fresh Orange Wedges
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baby Carrots & Celery Sticks
- Fresh Broccoli Florets
- Chocolate Low Fat Milk
- 1% Low-fat Milk

9

- Fajita Marinated Chicken
- Beef Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Cheeseburger in Bun
- Spicy Chicken Sandwich
- French Fries
- Turkey Ham & Cheese Wrap
- Fresh Red Delicious Apple
- Apple Juice
- Spinach & Romaine Salad
- Fresh Green Peppers Strips
- Sliced Cucumbers
- Chocolate Low Fat Milk
- 1% Low-fat Milk

10

- BBQ Chicken Sandwich
- BBQ Baked Beans
- Classic Cheese Pizza
- Hamburger Pizza
- Fresh Caesar Salad
- Strawberry Smoothie
- Cinnamon Granola
- Fresh Orange Wedges
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baharat Spiced Chickpeas
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

11

- Orange Chicken
- Vegetable Fried Brown Rice
- Peas and Carrots
- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Spicy Chicken Sandwich
- French Fries
- Hummus & Veggie Bento Box
- Fresh Banana
- Apple Juice
- Spinach & Romaine Salad
- Fresh Carrots
- Sliced Cucumbers
- Chocolate Low Fat Milk
- 1% Low-fat Milk

12

- BBQ Beef Meatballs
- Brown Rice
- Corn
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Monterey Chicken Salad
- Croutons
- Fresh Red Delicious Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

15

- Buttermilk Pancakes
- Turkey Sausage Patty
- Tater Tots
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Santa Fe Turkey and Cheddar Wrap
- Fresh Red Delicious Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

16

- Fajita Marinated Chicken
- Beef Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Chicken Sandwich
- Spicy Chicken Sandwich
- French Fries
- Berry Parfait
- Fresh Orange Wedges
- Apple Juice
- Spinach & Romaine Salad
- Fresh Cherry Tomatoes
- Carrot & Celery Sticks
- Chocolate Low Fat Milk
- 1% Low-fat Milk

17

- Chili Dog
- Classic Cheese Pizza
- Hamburger Pizza
- Fresh Caesar Salad
- Santa Fe Turkey and Cheddar Wrap
- Fresh Pear
- Fruit Punch
- Lettuce & Tomato Side Salad
- Corn & Black Bean Salad
- Buttermilk Coleslaw
- Chocolate Low Fat Milk
- 1% Low-fat Milk

18

- General Tso's Chicken
- Vegetable Fried Brown Rice
- Broccoli
- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Spicy Chicken Sandwich
- French Fries
- Berry Parfait
- Fresh Orange Wedges
- Apple Juice
- Spinach & Romaine Salad
- Fresh Cherry Tomatoes
- Carrot & Celery Sticks
- Chocolate Low Fat Milk
- 1% Low-fat Milk

19



School

No

**22**

- Boneless Chicken Wings
- Boneless Chicken Wings with Buffalo Ranch Sauce
- Boneless Chicken Wings with Honey BBQ Sauce
- Hawaiian Roll
- Roasted Broccoli
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Turkey, Cheese, Flatbread & Cucumber Bento Box
- Fresh Granny Smith Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Fresh Cherry Tomatoes
- Chocolate Low Fat Milk
- 1% Low-fat Milk

**23**

- Italian Meatball Sub
- Garlic Herb Flatbread
- Italian Vegetables
- Fajita Marinated Chicken
- Beef Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Chicken Sandwich
- Spicy Chicken Sandwich
- French Fries
- Turkey Ham & Cheese Wrap
- Chilled Peaches
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

**24**

- BBQ Beef Sandwich
- Baked Beans
- Classic Cheese Pizza
- Hamburger Pizza
- Fresh Caesar Salad
- Strawberry Smoothie
- Cinnamon Granola
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baharat Spiced Chickpeas
- Fresh Cherry Tomatoes
- Chocolate Low Fat Milk
- 1% Low-fat Milk

**25**

- Sweet & Sour Chicken
- Vegetable Fried Brown Rice
- Peas and Carrots
- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Spicy Chicken Sandwich
- French Fries
- Turkey, Cheese, Flatbread & Cucumber Bento Box
- Fresh Granny Smith Apple
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

**26**

- BBQ Chicken
- Hawaiian Roll
- Macaroni and Cheese
- Seasoned Corn
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Monterey Chicken Salad
- Croutons
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Cherry Tomatoes
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

**29**

- Whole Grain Waffles
- Jumbo Crispy Chicken Tenders
- Syrup
- Tater Tots
- Hamburger Pizza
- Classic Cheese Pizza
- Fresh Caesar Salad
- Buffalo Ranch Chicken Wrap
- Fresh Red Delicious Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Fresh Cauliflower Florets
- Chocolate Low Fat Milk
- 1% Low-fat Milk

**30**

- Fajita Marinated Chicken
- Beef Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Cheeseburger in Bun
- Classic Chicken Sandwich
- French Fries
- Strawberry Parfait with Granola
- Fresh Orange Wedges
- Apple Juice
- Lettuce & Tomato Side Salad
- Corn & Pepper Salad
- Fresh Carrots
- Chocolate Low Fat Milk
- 1% Low-fat Milk

🍕 9/5 Cheese Pizza Day

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

**Adult Meal Prices** Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

**Menus Subject to Change** We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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